

## Ressourcenliste Mononormativität & Nichtmonogamie

### Bücher

Das Romantikdiktat - Andrea Newerla

Multiamory - Winston, Lindgren & Sotelo Matleck

The Anxious Person's Guide to Non-Monogamy - Lola Phoenix

Undoing Monogamy - Angela Willey

Stepping Off the Relationship Escalator - Amy Gahran

Polysecure - Jessica Fern

Polywise - Jessica Fern

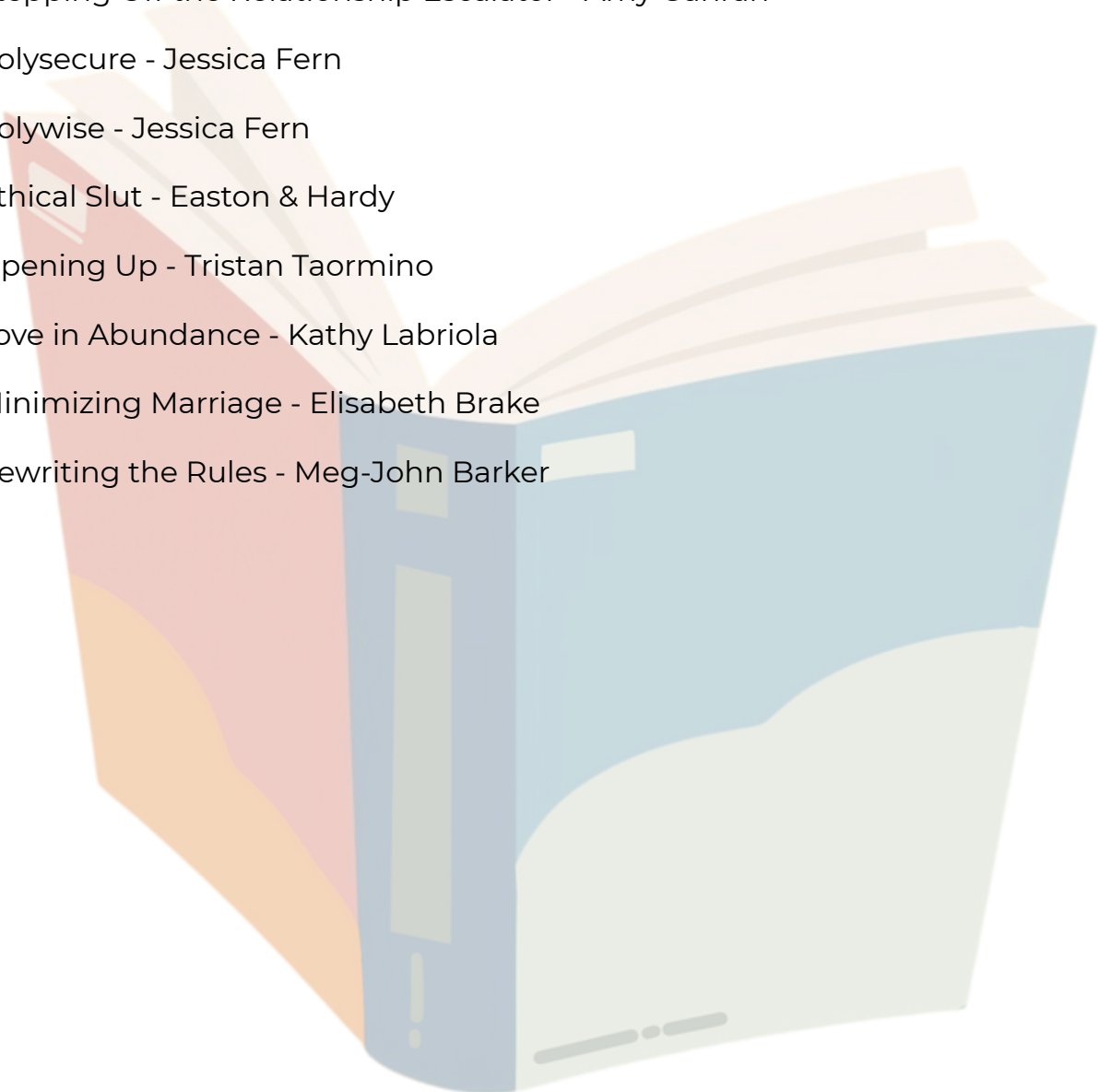
Ethical Slut - Easton & Hardy

Opening Up - Tristan Taormino

Love in Abundance - Kathy Labriola

Minimizing Marriage - Elisabeth Brake

Rewriting the Rules - Meg-John Barker



## Podcasts

Multiamory

Non-Monogamy Help

Where Should We Begin?

Polyamory Weekly

Überleben

Ready for Polyamory

Normalizing Non-Monogamy

Playing with Fire

Mono, Poly & Co



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